



Junior High Intramural Updates

Two Pages-Please read both pages

Sports:
Boys Basketball
Girls Soccer
B/G Cross Country

Quarter 1:

See below for cancellations

Monday August 18-meet your coach turn in assumption of risk form:

B/G Cross Country: Meet at courts in between 400 and 900 building

G Soccer: Meet on soccer field

B Basketball: Meet on basketball courts

Tuesday August 19th-Practice begins.

Practices are Monday to Friday from 3:30 to 4:30

You meet at your field of play.

You need to wear your PE clothes!

[Link to coaches and their email.](#)

To Sign Up:

Liability Packet:

Only fill out once for the year



Assumption of risk form:

Once per quarter- you need one for each sport you play.
Turn in to your coach



Practices Canceled:

8/20/25

8/21/25

Oct 2, 2025

Unless canceled, on rainy days:

Cross Country room 408

7/8 Basketball room 904

7/8 Soccer-901 & 902

Tournament Dates

Games start at 3 pm, 8th grade plays first

9/29 OA @ Lexington	9/30 OA @ Ball	10/1 Sycamore @ OA (home)	10/8 Orangeview @ OA (home)
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Cross Country

9/11 @ OA (home)	9/18 @ Ball	9/25 @ Sycamore	District Finals 10/2 @ Brookhurst Park
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Junior High Intramural Updates

See below for the junior high sports for the 2025-2026 school year.

INTRAMURAL SPORTS SEASON DATES 2025-26

<u>SEASON #1</u>	<u>DATES</u>	<u>BOYS SPORTS</u>	<u>GIRLS SPORTS</u>
Season Dates	Aug. 18th to Oct. 10th		
Start Dates	Aug. 18th to Sept. 19th	Boys Basketball	Girls Soccer
Team Practice	Sept. 22nd to Sept. 26th	Cross Country	Cross Country
Games/Tournament	Sept. 29th to Oct. 8th		
X-Ctry Championships	October 2nd, 2025	@ Brookhurst	@ Brookhurst
Dead Period	Oct. 13th to Oct. 17th		
<u>SEASON #2</u>	<u>DATES</u>	<u>BOYS SPORTS</u>	<u>GIRLS SPORTS</u>
Season Dates	Oct. 20th to Dec. 19th		
Start Dates	Oct. 20th to Nov. 21st	Boys Flag Football	Girls Volleyball
Team Practice	Dec. 1st to Dec. 5th	Boys Tennis	
Games/Tournament	Dec. 8th to Dec. 16th		
Dead Period	Dec. 22nd to Jan. 2nd		
<u>SEASON #3</u>	<u>DATES</u>	<u>BOYS SPORTS</u>	<u>GIRLS SPORTS</u>
Season Dates	Jan. 5th to Feb. 27th		
Start Dates	Jan. 5th - Feb. 6th, 2025	Boys Volleyball	Girls Flag Football
Team Practice	Feb. 10th to Feb. 17th		Girls Tennis
Games/Tournament	Feb. 18th to Feb. 25th		
Dead Period	Mar. 2nd to Mar. 6th		
<u>SEASON #4</u>	<u>DATES</u>	<u>BOYS SPORTS</u>	<u>GIRLS SPORTS</u>
Season Dates	Mar. 9th to May 8th		
Start Dates	Mar. 9th to April 17th	Boys Soccer	Girls Basketball
Team Practice	April 20th to April 24th	Track	Track
Games/Tournament	April 27th to May 6th		
Track Championships	April 30th, 2026	@ Cypress	@ Cypress
Dead Period	May 11th to May 15th		